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FREE TEACHING RESOURCE COVER SHEET

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Fun and safe sword
fencing in your school

OUR FUN DECATHLON

How many can you do?

Your name: _____

Your partner's name: _____

1.	Star jumps in 1 minute?	
2.	Ball bounces in 1 minute?	
3.	Beanbags in a target out of 10?	
4.	Balanced beanbags in 1 minute?	
5.	Tennis balls in a bucket out of 10?	
6.	Skittles knocked down in three goes?	
7.	Goals through cones out of 5 shots?	
8.	Hockey goals in 1 minute?	
9.	Hoops over cones out of 5 hoops?	
10.	Jumps over rope in 1 minute?	